PHYSICAL EDUCATION

Master of Science in Physical Education

The Physical Education program prepares students for a diverse array of careers; these areas include but are not limited to: athletic administration, teaching and coaching, directing fitness facilities and programs in a variety of settings and sport psychology consultation services. Additionally, the degree is applicable to those students interested in pursuing advanced graduate studies in related areas. Our program encourages a collegial environment in which students and faculty mentors work together on professional development activities throughout the program. Internships help students gain valuable real-world experiences in their chosen specialization.

Career Opportunities

Graduates of this program are employed in a variety of positions related to their chosen area of specialization. Collegiate coaching positions often require a master’s degree, as do directorships of fitness and wellness programs, clinical exercise or cardiac rehabilitation programs and professional strength and conditioning positions.

Knowledge and Skills

The program fosters critical thought, problem solving skills, and reflective thinking. Students will develop skills in oral and written communication, and will gain experience designing, conducting, and reporting scholarly work. This program also helps students develop collaborative and group interaction skills. The program supports students’ growth in personal character through offering opportunities to demonstrate responsibility, integrity, self-discipline, creativity and persistence. Specific knowledge and skills vary by specialization area and may include preparation for professional certifications.

Curriculum

This program provides an opportunity for students to focus on one of three areas of specialization: administration/pedagogy, exercise science and sports and exercise psychology.

All students are required to take core classes in their first year that are common to all specializations. Each specialization area has additional classes and electives that complete the degree program.

The program requires a minimum of 48 credit hours for graduation. Degree requirements are organized in two parts, the general core requirements (21-24 credits) and additional courses in one of three specialization tracks (24-27 credits). A thesis is required of exercise science students. All the other specializations offer the option of a thesis or research report to complete the degree. Internship experience is required for administration/pedagogy students.

Special Features

Each of the faculty is committed to making the students’ graduate experience exceptional and to provide it with the educational experiences and opportunities best suited for each individual’s career goals.

Our faculty backgrounds are diverse, with many professors conducting research, working in community and public-sector projects, serving as officers of important professional societies, and being involved in the local public school systems. The Physical Education, Health and Recreation Department graduate faculty is actively involved in their professions at all
levels, and this involvement will greatly enhance the students’ educational experience. Our department houses a state-of-the-art human performance laboratory fully equipped for conducting research in exercise and sport science. Graduate assistantships are available on a competitive basis and offer full in-state tuition waivers with accompanying stipends.

Preparation for Graduate Admissions
Prospective students should hold a related baccalaureate degree in a related field from an accredited institution. Applicants for admission to the Graduate Program in Physical Education must follow the admission procedures as outlined elsewhere in this catalog. In addition, applicants are required to submit three professional letters of recommendation and a one to two page statement of professional goals and objectives. Students are admitted as a cohort for fall quarter only; requests for admittance in other academic quarters are discouraged. Candidates can apply online or by mail. Applications can be found at:
http://www.ewu.edu/grad
Applications should be sent to:
Graduate Studies Office
206 Showalter Hall
EWU Cheney, WA 99004

Students interested in graduate assistantships must submit completed application materials by March 1 for fall admission consideration. For more information on this program please visit the department website at:
www.ewu.edu/pehr

For More Information Contact
Physical Education, Health and Recreation Department
c/o Colleen Mastel
200 P.E. Classroom Building
EWU Cheney, WA 99004-2431
(509) 359-7961
http://www.ewu.edu/pehr

Or contact:
Jeni McNeal, PhD
Graduate Coordinator Physical Education Program
(509) 359-2872
jeni_mcneal@hotmail.com

Graduate Studies Office
206 Showalter Hall
EWU Cheney, WA 99004
(509) 359-6297
gradprograms@ewu.edu
http://www.ewu.edu/grad

The University
Eastern Washington University is a student-centered, regionally based, comprehensive university. Its campus is located in Cheney within the Spokane metropolitan area, with additional learning centers in the region and elsewhere in Washington State. EWU’s mission to be a student-centered, regionally engaged university will be fulfilled best through a distinguished EWU academic experience that is integrated and interdependent. This vision informs and inspires EWU’s future.

Note:
Information in this guide is subject to change without notice. To learn more about the official program of study please check the catalog online at: http://www.ewu.edu/catalog