COMMUNITY HEALTH
Bachelor of Science

The Community Health program is a behaviorally-based program in which students will learn to design, implement, and evaluate programs and activities that improve the health of all people.

Majors of this program use a wellness approach to health promotion; emphasizing the physical, intellectual, emotional, social, spiritual and environmental aspects of health. Students will explore areas such as:

- Mind/Body Health
- International Health
- Spiritual Health
- Sexuality Education
- Drugs and Society
- Personal and Community Health
- Applied Nutrition
- Community Health

Career Opportunities
Graduates of this program typically work in public health and non-profit agencies such as:
- Spokane Regional Health District
- Community Health Education and Resources
- American Cancer Society
- American Heart Association
- American Lung Association

Students are also prepared to work in worksite wellness programs in colleges, universities, private industries, and government agencies. With advanced training, students are also qualified to work for government agencies such as Centers for Disease Control and National Institutes of Health.

Graduates of the program also are prepared for the National Commission for Health Education Credentialing (Certified Health Education Specialist) examination and for graduate programs in public health, health promotion and community health education.

Knowledge and Skills
Students will learn conduct health assessments, design health promotion programs, critically examine health products and services, and to apply best practice approaches to health interventions. Students will also be able to educate others using comprehensive, up-to-date and valid health information.

Program majors will have the opportunity to apply their health content knowledge in the community health setting through service learning projects with community organizations. Students will also participate in an internship in which they will gain practical real world experience within the field.

Program majors also have the opportunity to meet many professionals within the field through service learning and guest speaker presentations throughout the program.

Curriculum
The program is comprised of both health content courses (48 credit hours) and specialty courses (20-21 credit hours). This enables students to have a firm grasp on health content; as well as learn how to effectively design, implement, and evaluate health promotion programs. Students gain an understanding of what factors are involved in adopting health behaviors, and how to effectively facilitate change. Students also have the option of choosing between a Public Health and a Worksite Wellness Track (17-20 credit hours) within the major, allowing for further specialization within the field. A minimum of 85 total credit hours are required for this program.
Special Features
The program is structured like a close-knit community where students are given access to professors both inside and outside of the classroom. Also, class size is kept small so that students also get to know each other well in an intimate classroom environment.

Preparation for Admission
General university requirements apply for admission and graduation of program. Students will find it useful to prepare for the major with courses in public speaking, writing, and courses that develop critical thinking skills. For more information about the program please visit the department website at: http://www.ewu.edu/pehr

Prospective students of EWU can apply online via http://www.ewu.edu/admissions or contact the Office of Admissions at (509) 359-2397 to request an application.

For More Information Contact
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The University
Eastern Washington University is a student-centered, regionally based, comprehensive university. This vision informs and inspires EWU’s future. Its campus is located in Cheney within the Spokane metropolitan area, with additional learning centers in the region and elsewhere in Washington State.

Note:
Information in this guide is subject to change without notice. To learn more about the official program of study, please check the catalog online at: http://www.ewu.edu/x15588.xml