Involvement Level

There are many different levels of involvement you can have with an organization or group. You can be an officer, a very active member, an active member, or a member who attends events but doesn’t really organize anything. Your level of involvement should be determined by what you think you can do responsibly and effectively.

The Extracurricular Involvement Inventory was developed for the purposes of assessing students’ levels of involvement in co-curricular activities. The questionnaire yields an overall “involvement index” that reflects both the quantitative and qualitative aspects of student involvement.

The version of the instrument presented here is structured for use as a self-assessment tool. A separate grid should be completed for each campus group or organization in which you have participated over the period of the past four weeks. Do not include activities for which you were paid or received academic credit. Once you have calculated an involvement index for each activity, you may proceed to the scoring and interpretation section in order to lean more about your overall level of campus involvement.

Scoring and Interpretation

Your overall involvement index may be obtained by completing the scoring of the grid at the end of the activities.

If your overall involvement index is 30 or more, you are obviously an active member of your campus community. In fact, you have probably assumed one or more leadership roles already.

If your index is more than 5 but less than 30, you have already achieved a level of campus involvement that might be expected of a typical student but have probably not yet distinguished yourself as one of the “movers and shakers” on campus. The time may be right for you to begin thinking about assuming a more active role in campus leadership.

If your involvement index is five or less, you may have yet to find your niche. It is probably a good time for you to engage in some initial exploration of the full range of involvement opportunities at EWU. You need not concern yourself with pursuing a major leadership role at this time. Concentrate instead on identifying organizations and activities that arouse your passions and provide an outlet for your energy and talents. Once you have found a good match, opportunities for leadership will undoubtedly follow.
Questions to Consider

1. What do your involvement indices tell you about the depth of your involvement in individual activities? What do they tell you about the breadth of your overall campus involvement?
2. How satisfied are you with your general pattern of involvement? How might you develop a more satisfying pattern?
3. Are student leadership opportunities inherently limited or is it possible for all students to gain some leadership experience here at EWU? How might you help expand leadership opportunities at EWU? How might EWU help expand leadership opportunities?